

Implementation of Robotic eTEP (Extended Totally Extraperitoneal Hernia Repair) for Incisional and Primary Ventral Hernias

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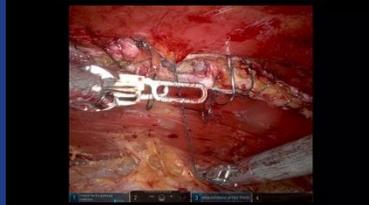
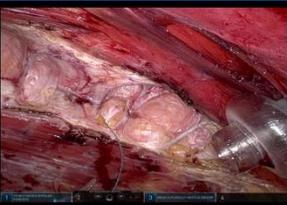
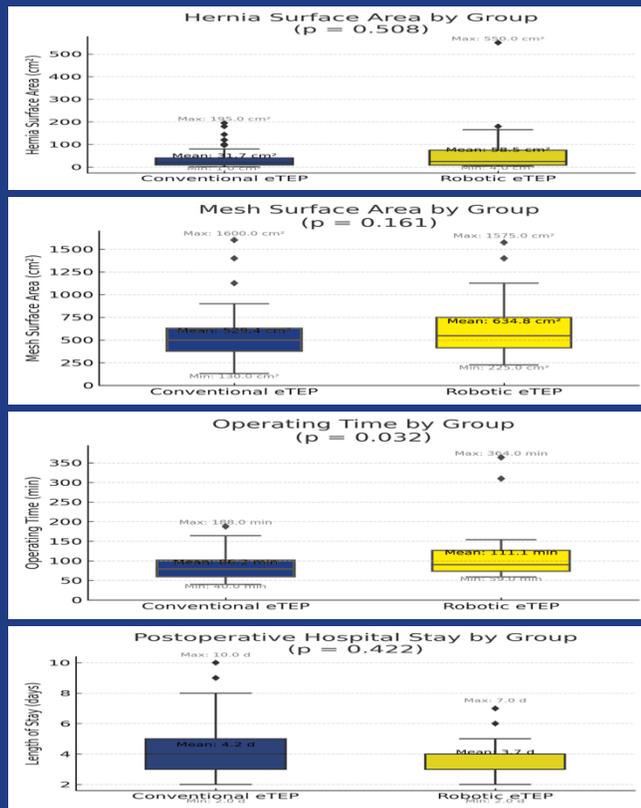
Material and Methods

- The eTEP technique is preferably used in our practice for the repair of incisional and primary ventral hernias
- Between **October 1, 2021** and **May 2, 2025**, we performed **311 eTEP procedures**
- Our **first robotic eTEP** was conducted on **September 4, 2024**
- Since then, **32 patients** have undergone robotic eTEP repair



Results

- Patient demographics (n = 32):**
 - Mean age: **61.2 years** (range: 34–86)
 - 14 females** and **18 males**
 - Mean **BMI: 32.0 kg/m²** (range: 24.2–42.1)
- Hernia characteristics:**
 - Mean horizontal diameter: **6.3 cm** (range: 2.0–23.5 cm)
 - Mean hernia defect area: **58.5 cm²** (range: 4–550 cm²)
- Operative parameters:**
 - Mean operative time: **111 minutes** (range: 59–364)
 - Mean mesh surface area: **634.8 cm²** (range: 225–1575 cm²)
- Postoperative outcomes:**
 - No complications
 - No recurrences reported to date



Conclusions

- Robotic extended totally extraperitoneal hernia repair is a **safe and feasible** technique for treating incisional and primary ventral hernias
- It may facilitate the repair of **larger or more complex hernias** and could offer advantages over conventional endoscopic techniques
- Further evaluation is warranted