

Long-term harms are common after hernia repair in adolescents

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Chronic pain and sexual dysfunction after groin hernia repair in adolescents A nationwide survey



Aim

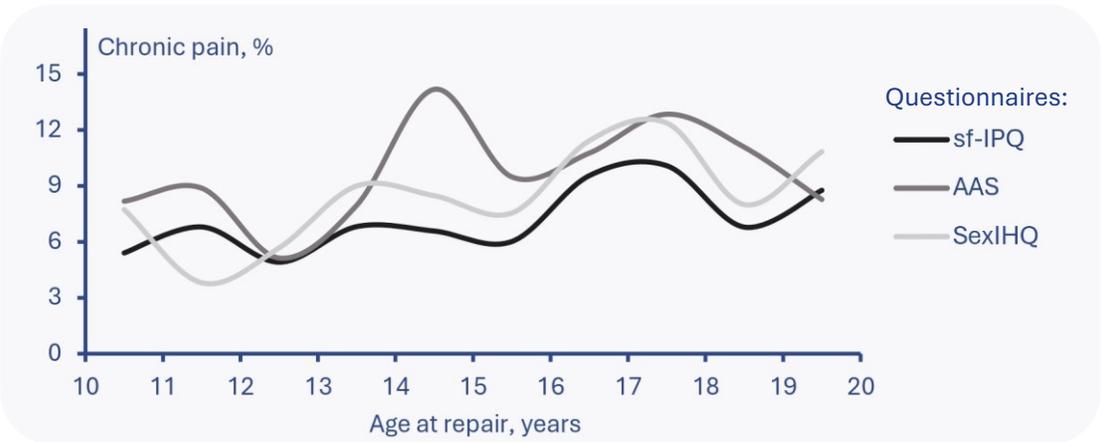
To assess the prevalence of chronic pain and sexual dysfunction after groin hernia repair in adolescents aged 10–19 years

Methods

Nationwide Danish survey of adolescent groin hernia repair (1992–2022)

Results

2,486 adolescents Response rate 60.8% Age at repair 16 years (IQR, 12–19)



Chronic pain (sf-IPQ):

- All follow-up periods: 7.3%
- <15 years follow-up: up to 15%

Sexual dysfunction (SexIHQ):

- All follow-up periods: 8.6%
- Not sexually active due to pain: 1%

Conclusion

Chronic pain and sexual dysfunction common in adolescents
 → no difference between repair methods

A tailored, patient-centered approach may improve outcomes

Access study:

