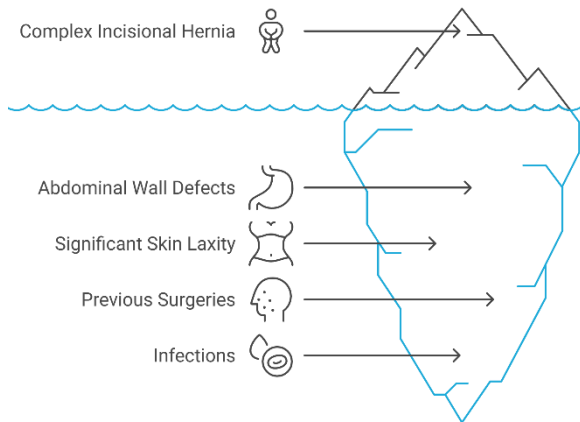


Aesthetic and Functional Outcomes of Concomitant Abdominoplasty and Complex Hernia Repair: A Comprehensive Case Series

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INTRODUCTION



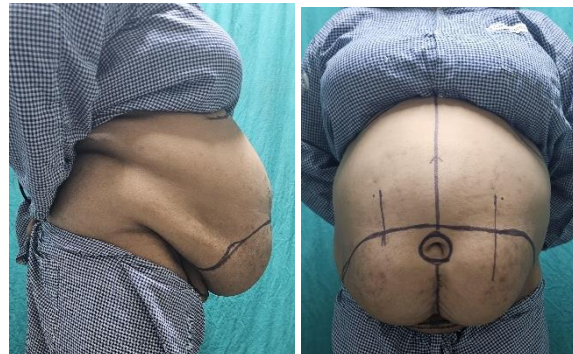
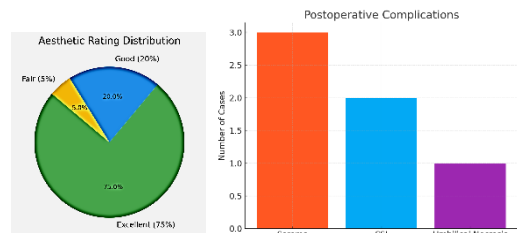
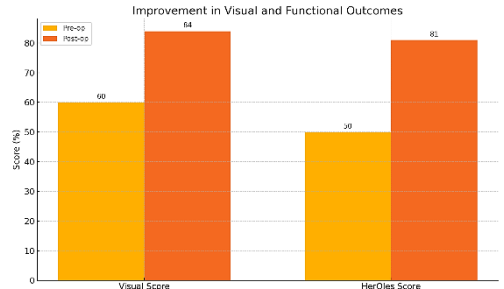
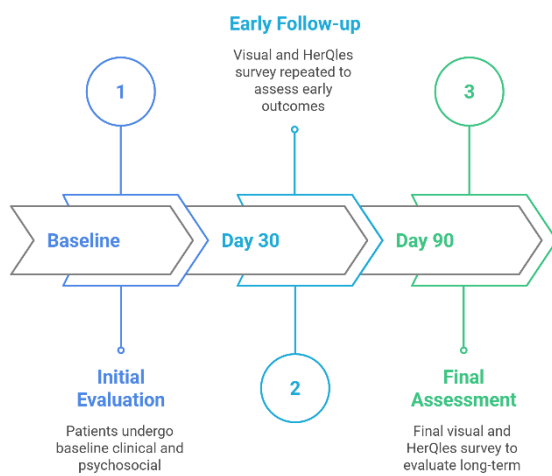
- Concomitant abdominoplasty and hernia repair offers a **single-stage**, comprehensive solution &
- Aims for **functional restoration** and **aesthetic enhancement**

AIMS AND OBJECTIVES

- To evaluate **aesthetic and functional outcomes** of combined surgery
- To assess outcomes using:
 - Structured visual assessment scores
 - HerQles quality-of-life survey

METHODOLOGY

- Prospective case series over 1 year
- 18 patients with **EHS Types**: M4, M5, W2, W3
- Surgical Techniques**: Retrorectus, TAR, PCS with simultaneous abdominoplasty for contour restoration.



Pre-op Pictures of M34W2R1 Incisional Hernia



Post-op Pictures – POD30 of Retrorectus with Abdominoplasty

- Combined abdominoplasty and complex hernia repair is:**
 - Safe and effective
 - Results in superior functional and aesthetic outcomes
- Advanced techniques (TAR + PCS) and structured evaluation ensure **quality outcomes with minimal morbidity**