

Long-term harms are common after hernia repair in adolescents

Hugin Reistrup, Siv Fonnes, Jacob Rosenberg

Center for Perioperative Optimization, Department of Surgery, Copenhagen University Hospital—Herlev and Gentofte, Herlev, Denmark

Chronic pain and sexual dysfunction after groin hernia repair in adolescents A nationwide survey




Aim

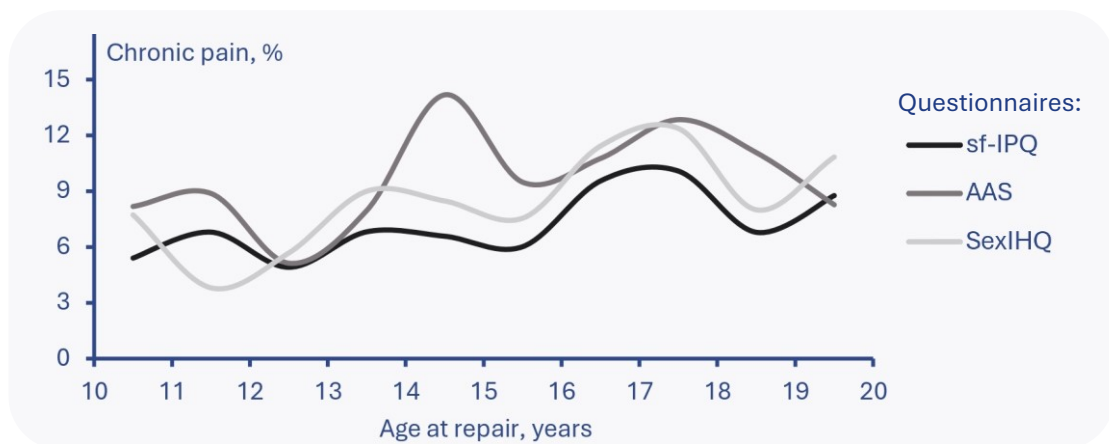
To assess the prevalence of chronic pain and sexual dysfunction after groin hernia repair in adolescents aged 10–19 years

Methods



Nationwide Danish survey of adolescent groin hernia repair (1992–2022)

Results



 2,486 adolescents  Response rate 60.8%  Age at repair 16 years (IQR, 12–19)




Chronic pain (sf-IPQ):

-  All follow-up periods: 7.3%
-  <15 years follow-up: up to 15%

Sexual dysfunction (SexIHQ):

-  All follow-up periods: 8.6%
-  Not sexually active due to pain: 1%

Conclusion

 **Chronic pain and sexual dysfunction common in adolescents**
 → no difference between repair methods

 **A tailored, patient-centered approach may improve outcomes**

Access study:

